Free Settlement and Integration Activities (Online and In-person)

Immigrant Women Services Ottawa
Services pour femmes immigrantes d'Ottawa

Please note that eligibility requirements may apply

Monday	Tuesday	Wednesday	Thursday	Friday
English Conversation Stage I (CLB 1–4): Basic language ability : 10:00 - 12:00 pm **(In-person)** Stage II (CLB 5–8): Intermediate language ability: 10:30 - 12:30 pm **(Online)**	**Computer Class LEVEL 1** 10:00 - 12:30 pm or 1:30 - 4:00 pm **(In-person)**	**Computer Class LEVEL 2** 10:00 - 12:30 pm or 1:30 - 4:00 pm **(Online)**	**Computer Class LEVEL 3** 10:00 - 12:30 pm or 1:30 - 4:00 pm **(Online)**	**Out-of-the-Box AI Workshop** 10:00 - 12:00 pm iSisters **(In-person)**
Canadian Citizenship Test Preparation 5:30-6:30 pm **(Online)**	**English Conversation** Stage I (CLB 1–4): Basic language ability : 10:00 - 12:00 pm Stage II (CLB 5–8): Intermediate language ability: 10:30 - 12:30 pm **(Online)**	**English Conversation** Stage I (CLB 1–4): Basic language ability : 10:00 - 12:00 pm Stage II (CLB 5–8): Intermediate language ability: 10:30 - 12:30 pm **(Online)**	**Digital Literacy** 10:00 -12:00 pm 1:30 - 3:30 pm **(In-person)**	**English Conversation** Stage I (CLB 1–4): Basic language ability : 10:00 - 12:00 pm **(Online)** Stage II (CLB 5–8): Intermediate language ability: 10:30 - 12:30 pm **(In-person)**
English Conversation All stages 7:00-8:30 pm **(Online)**	**Inspire: Entrepreneurship & Skills Development** 2:00 - 4:00 pm iSisters **(Online)**	**Knitting club** 10:00-12:00 am **(In- person)**	**Art & Painting** 10:00-11:30 pm (**In-person**)	**Ontario G1 Driving Test Preparation (French)** 11:00 - 12:00 pm **(Online)**
	French Conversation 5:30 - 6:30 pm **(Online)**	**English Conversation** All stages 7:00-8:30 pm **(Online)**	**English Conversation** Stage I (CLB 1–4): Basic language ability : 10:00 - 12:00 pm Stage II (CLB 5–8): Intermediate language ability: 10:30 - 12:30 pm **(Online)**	**Digital Literacy** 1:30 - 3:30 pm **(In-person)**
			Yoga 6:30 - 7:30 pm **(Online)**	**Ontario G1 Driving Test Preparation(English)** 12:30 - 2:00 pm **(Online)**

Ask us about our biweekly Tea &Topics Information Sessions

www.immigrantwomenservices.com

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For more information or to register, please contact *your IWSO Settlement Counsellor*. If you are new to IWSO, please email us at sisintake@iwso.ca

Funded by: Immigration, Refugees and Citizenship Canada

Financé par : Immigration, Réfugiés et Citoyenneté Canada

Playroom for kids is available.