

Free Settlement and Integration Activities
(Online and In-person)



Immigrant Women Services Ottawa
Services pour femmes immigrantes d'Ottawa

Please note that eligibility requirements
may apply

Monday

Digital Literacy

10:00 - 12:00 pm
1:30 - 03:30 pm
(In-person)

English Conversation

Level1: 10:00 - 12:00 pm
(In-person)
Level2: 10:00 - 12:00 pm
Level3: 02:00 - 04:00 pm
(Online)

Arts and Crafts

1:30-3:00 pm
(In-person)

**Canadian Citizenship Test
Preparation**

5:30-6:30 pm
(Online)

Tuesday

**Computer Class
LEVEL 1**

9:30 - 12:30 pm
or
1:30 - 4:30 pm
(Online and in-
person)

English Conversation

Level1: 10:00 - 12:00 pm
(Online)
Level2: 10:00 - 12:00 pm
Level3: 02:00 - 04:00 pm
(Online)

**Ask us about our
biweekly Tea & Topics
Information Sessions**

Wednesday

**Computer Class
LEVEL 2**

9:30 - 12:30 pm
or
1:30 - 4:30 pm
(Online)

English Conversation

Level1: 10:00 - 12:00 pm
Level2: 10:00 - 12:00 pm
Level3: 02:00 - 04:00pm
(Online)

**Ontario G1 Driving Test
Preparation (Farsi)**

5:00-6:00 pm
(Online)

French Conversation

5:30 - 6:30 pm
(Online)

English Conversation

All levels 7:00-8:30 pm
Online

Thursday

**Computer Class
LEVEL 3**

9:30 - 12:30 pm
or
1:30 - 4:30 pm
(Online)

Digital Literacy

10:00 -12:00 pm
1:30 - 03:30 pm
(In-person)

English Conversation

Level1: 10:00 - 12:00pm
(Online)
Level2: 10:00 - 12:00 pm
Level3: 02:00 - 04:00pm
(Online)

Yoga

6:30 - 7:30 pm
(Online)

Friday

Digital Literacy

10:00 - 12:00 pm
1:30 - 3:30 pm
(In-person)

English Conversation

Level1: 10:00 - 12:00pm
(Online)
Level2: 10:00 - 12:00 pm
Level3: 02:00 - 04:00 pm
(In Person)

**Ontario G1 Driving Test
Preparation (French)**

11:00 - 12:00 pm
(Online)

**Ontario G1 Driving Test
Preparation(English)**

1:00 -3:00 pm
(Online)

Playroom for kids is available.

 www.immigrantwomenservices.com

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For information and registration, please contact:

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Funded by:

Financé par :



Immigration, Refugees
and Citizenship Canada

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et Citoyenneté Canada